

## Current Situation and Problems of Effective Teaching of PE Teachers in Primary and Secondary Schools in Guangxi

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**Keywords:** Physical Education Teaching; Physical Education Teachers; Effectiveness

**Abstract:** Physical education is the main way and basic link to achieve the goal and task of school physical education, which determines the degree of development of school physical education. Physical education teachers are the implementers of physical education curriculum, whose professional quality will directly affect the smooth implementation of the new curriculum reform. As a way to develop students' physical health, school physical education affects the formation of students' lifelong sports consciousness. School physical education can attract more parents to go out of the house and accompany their children to participate in physical education by means of home-school physical activities. This paper combs the expressions of the effectiveness of PE teachers' teaching behaviors in primary and middle schools in Guangxi, points out the negative problems of the effectiveness of PE teachers' teaching behaviors, and explains the factors influencing the effectiveness of PE teachers' teaching behaviors, in order to provide some reference for the effectiveness of the teaching behavior of physical education teachers in primary and middle schools in China, pay attention to the lack of rational spirit in the professional spirit of physical education teachers, and cultivate teachers to explore the spirit of the internal laws of education and rationally treat education.

### 1. Introduction

Primary and secondary education is the basic project of personnel construction which can meet the needs of modern science. Physical education in primary and secondary schools is the basis of this basic project. Many PE teachers in primary and secondary schools have problems in their teaching effect to varying degrees [1]. The reason is that there are great differences in the demonstration, explanation, questioning, time allocation, atmosphere building and classroom management of physical education teachers [2]. As a part of school physical education, physical education determines the degree of development of school physical education. Physical education teachers are the implementers of physical education curriculum, whose professional quality will directly affect the smooth implementation of the new curriculum reform. Improving the professional level of physical education teachers is an inevitable requirement to solve this bottleneck problem [3]. School sports, as a way to develop students' physical health, affects the formation of students' lifelong sports awareness. With the continuous advancement of China's education system reform, the importance of school physical education has gained a deeper and more comprehensive understanding, and its attention has been greatly improved [4]. The investigation and research on the professional quality of physical education teachers in primary and middle schools in Guangxi will help to grasp the professional status of this team, and provide a feasible reference for effectively promoting its professionalization process.

Study how to better organize each physical education in primary and secondary schools to improve the effectiveness of teaching behaviors of physical education teachers in primary and secondary schools [5]. It is the key to finally achieving the goal of physical education and completing the tasks of physical education. Due to the limitation of geographical environment and social and economic development level, Guangxi is relatively weak in basic education. How to seize opportunities and better promote the prosperity and development of sports education in poverty-stricken areas in Guangxi [6]. In terms of curriculum objectives, it is not only clear that students should master basic sports and health knowledge and sports skills, but also pay attention to

cultivating students' optimistic and cheerful attitude towards life. Education is the weakest part of China's education development. Its development not only affects the development of China's social economy and the construction of a harmonious society, but also hinders its own development [7]. Since curriculum theory and pedagogy were separated from pedagogical theory, they have not only developed rapidly, but also obtained abundant theoretical results. As an important part of quality education, physical education has irreplaceable importance. It provides students with the possibility of learning sports health knowledge, improving physical quality and mastering sports skills.

## 2. Behavior Characteristics of Physical Education Teachers

With the continuous deepening of the physical education curriculum and physical education reform in primary and middle schools in China, the specialized researchers of sports theory have gradually realized that the key to the success of physical education and teaching reform lies in the frontline primary and secondary school physical education teachers. The professional development of physical education teachers in primary and secondary schools not only needs to accumulate and enrich their professional knowledge and skills, but also learn how to use the wisdom formed through the mastery of professional knowledge and skills [8]. At present, the allocation of school sports equipment is mainly configured by the education bureaus of various regions according to the standards of sports equipment standards for primary and secondary schools issued by the state, which has led to many problems. Whether school sports can be carried out in a comprehensive and healthy manner depends largely on the quality of the construction of the physical education team. In the past, the role of PE teachers in primary and secondary schools was single. Teachers of sports skills and knowledge and organizers of students' sports training are their common roles. Leaders at all levels should rationally allocate P.E. teachers according to specific conditions [9]. To improve the teaching level and scientific research ability of physical education teachers in an all-round way, so as to better promote the healthy and rapid development of physical education in schools in poverty-stricken areas of Shanxi.

Mastering sports skills is a necessary condition for students majoring in physical education, but under such conditions, students majoring in physical education can only be trained, but they can not be trained. Statistical results show that most P. E. teachers and students support the introduction of hierarchical teaching methods in P. E. teaching, as shown in Table 1.

Table 1 Survey and statistics of stratification recognition in physical education

Options	Number of students	Number of Teachers
Very necessary	28	12
Necessary	141	29
General	67	8
No need	11	3

The development of traditional sports has a positive role in enriching physical education. We should speed up the development of traditional national sports and promote its rational use. On the whole, physical education is still not in its proper position, and the work of physical education teachers is often not recognized by people. The professional quality of physical education teachers in primary and secondary schools plays a key role in whether the new curriculum reform of physical education can be carried out smoothly in primary and secondary schools. As an important part of school education, physical education is closely linked with intellectual education and moral education. Sports as a competitive sport itself has some dangers, but because of the small risk of school sports, we do not have a strong sense of risk. School sports content is more horizontal, while other subjects have more vertical teaching content, which also clearly shows the difference between physical education and other subjects. From the perspective of professional development, the professional development of physical education teachers is not a process of accumulating trial and error experience. It is a reflection of the physical education teacher's own professional analysis of his teaching behavior. The average school has a heavy emphasis on intellectual education, and

one-sided pursuit of the rate of enrollment has not really put sports in the right place.

Different guiding ideologies of physical education were put forward at different stages. The introduction of these guiding ideologies has promoted major changes in the theory of college sports. For example, Table 2 is a survey of the educational goals of physical education in colleges and universities.

Table 2 Survey and statistics on the educational goals of physical education in ordinary colleges and universities

Degree of realization	Fully implemented	Partial implemented	Not implemented
Number of people	74	89	37
Proportion (%)	37	44.5	18.5

### 3. Effectiveness of Physical Education Teaching Behavior

School physical education is more than just physical education. It also includes class activities, eye health exercises, school-level team training and extracurricular sports competition training, school sports meeting and the auxiliary work carried out by various school activities. Teaching plan is a comprehensive plan for the whole curriculum design. Term teaching plan is the main basis for teachers to compile unit plan and the key to rational allocation of annual teaching plan. China's international status has been paid more and more attention, and the cultivation of talent quality has always been a crucial development. Teachers' decisions in educational plans are of far-reaching significance, whether for teachers' classroom behavior or for the nature and results of education that students receive. Students are the main participants in physical education activities and physical education classes. Students' attitude towards physical education curriculum will directly affect the effect of physical education [10]. Setting up a social sports professional course is not only to train more talents for the school, but also to provide more high-quality compound talents for the society and the country. Physical education teachers and the dual identity of specific education and education. Not only must there be a wealth of sports knowledge, but also a solid knowledge of the education discipline.

Management of sports test project related information through sports test project management. The functional modules included include: the addition of sports test projects, the modification and deletion of sports test projects, and the setting of weights. The database Tables involved in the implementation process mainly have test project information Tables. Only a detailed implementation description of the new test project will be given here. The implementation process is shown in Fig.1.

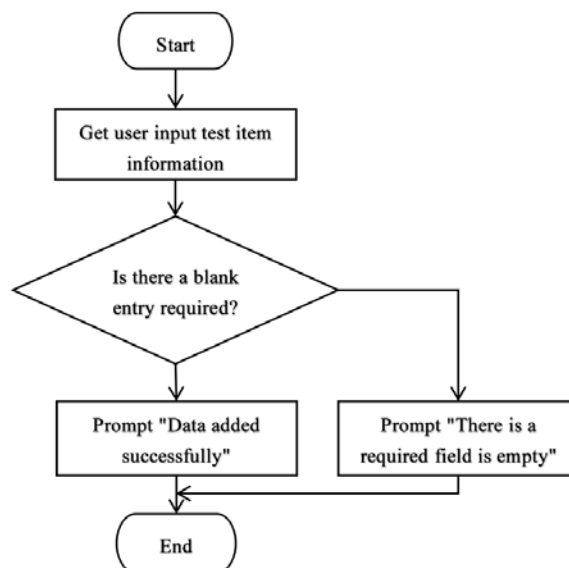


Fig.1 New test project program flow

Leaders at all levels should attach importance to and vigorously publicize school sports so that the society can understand the hardships of physical education teachers and their role in schools. Further in-depth exploration of the reasons why students do not like physical education. Mainly because of the students' lack of understanding of physical education, as well as the lack of sports venues and the impact of poor facilities. In the course of training and training, the education bureaus and school leaders at all levels should give strong support and allocate a certain amount of funds for investment in this area. Specific physical education goals are generated from general education goals. Specific educational goals can provide clearer guidance for physical education when evaluating learning outcomes. With the increasing frequency of China's participation in international activities, the development of sports is becoming more and more important. To a certain extent, the level of sports development also reflects the level of national physical fitness. We should further strengthen the professional ideological education of physical education students and in-service physical education teachers in Colleges and secondary normal schools. To enable in-service and future physical education teachers to recognize their sense of responsibility and glory in their work.

#### **4. Conclusion**

Physical education teachers in primary and secondary schools in Guangxi need to strengthen professional education knowledge and professional spirit. For the vast majority of P.E. teachers, it is still difficult to grasp the professional education knowledge. We should pay attention to the post-service training of P.E. teachers. School physical education can attract more parents to go out of the house and accompany their children to participate in physical education by means of home-school physical activities. Physical education teachers should be helped to correctly understand the concept of professional development and enhance their scientific research consciousness. All relevant departments must attach importance to the construction of physical education teachers in primary and secondary schools. Effective measures should be taken to stabilize the team of physical education teachers and fully mobilize the enthusiasm of physical education teachers. Pay attention to the lack of rational spirit in the professional spirit of physical education teachers. Cultivate teachers to explore the spirit of the internal laws of education and rationally treat education. By adopting a combination of standards and technical assessments, the evaluation criteria can be appropriately lowered according to the actual situation of different students, so that every child can experience success in sports. Schools can build educational platforms for teachers to engage in educational research, create a scientific atmosphere, and encourage teachers to engage in education and research. To ensure that the professional quality of teachers is comprehensively developed.

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